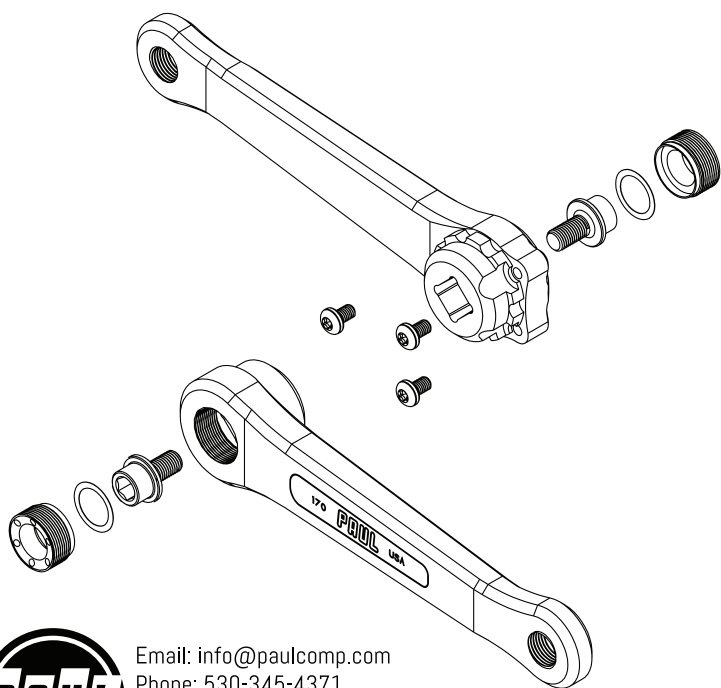
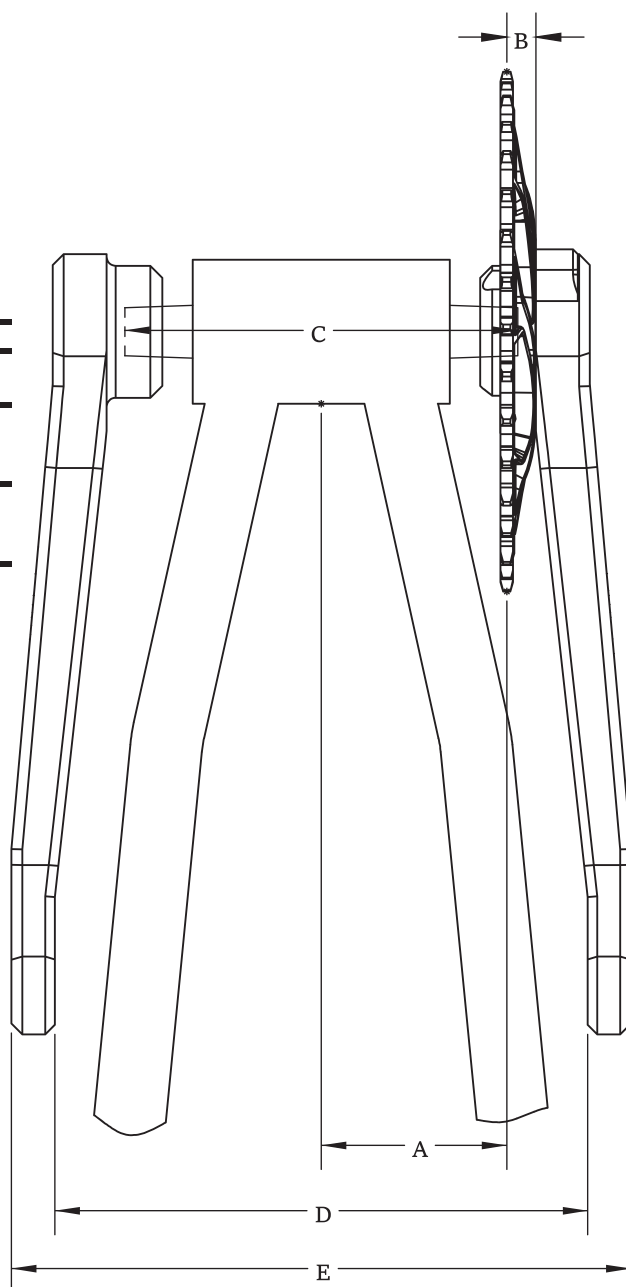


# 100% PURE CRANK

**Important:** These crank arms are designed to use a JIS square taper spindle bottom bracket and SRAM three bolt direct mount chainring, neither are provided.

1. Reference the drawing and chart below to determine compatibility with your frame and desired chain line. Verify chainring and crank pedal end clearance roughly measuring your frame.
2. Install bottom bracket spindle as per manufacturers suggestions. DO NOT LUBE OR GREASE SPINDLE TAPER.
3. Install chainring on crank arm. Tighten to 7Nm.
4. Install crank arms on spindle using an 8mm hex wrench in the built in spindle bolt. Screw on hand tight.
5. Check clearances at pedal end and in the chainring area.
6. Torque crank bolts to 35Nm. Recheck all clearances.
7. Install and torque pedals to 35Nm.
8. After several rides retorque spindle bolts and pedals.

CHAINLINE (A)	CHAINRING OFFSET (B)	BB SPINDLE WIDTH (C)	INSIDE ARM TO INSIDE ARM (D)	Q FACTOR (E)
45mm	-6	103	131	154
47mm	-6	108	136	159
	-3	103	131	154
49mm	-6	113	141	164
	-3	108	136	159
	0	103	131	154
52mm	-6	118	146	169
	-3	113	141	164
	0	108	136	159
55mm	-6	123	151	174
	-3	118	146	169
	0	113	141	164



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